



SIX SENSES SPA
ELOUNDA

KIDS WELLNESS PROGRAM

Six Senses Spa Elounda at Elounda SA Hotels and Resorts
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THE PROGRAM

Kids from 5 to 12 years old are invited to join our fun and interactive wellness workshops. Held Monday through Saturday at the Kids Ark, the programs include fun games, dance, yoga, gardening, do-it-yourself wellness treatments and learning workshops designed to help kids be healthier and to integrate wellness into everyday life.

The resort's Kids Ark features indoor and outdoor facilities that support our goal of introducing kids to the ideology of wellness and good health. The facility includes an indoor treatment area, Hippocrates garden, vegetable garden, eco gym, fresh water pool, labyrinth and meditation cave.

Six Senses Spa Porto Elounda has selected to work with product partner APIVITA which was founded by two Greek pharmacists who were inspired by the honeybee society, the unique biodiversity of Greek nature and the holistic approach of Hippocrates to health, beauty and well-being. Together they created their first natural cosmetics line, using beekeeping products and herb extracts.

The program is available Monday to Saturday from 10:00 am to 1:00 pm and costs EUR 40 per participant. Three-day courses are also available for EUR 100 per child.

For reservations, please contact Six Senses Spa at ext. 6100 or the Kids Ark at ext. 6850.

DAY ONE

- Arrival and registration
- Welcome activities
- Traditional games of the world
- Free time in the garden
- Educational workshop: Hippocrates Garden & Herbs and plants of ancient Greece
- Nutritional brunch
- APIVITA workshop: herbs and plants of ancient Greece
- APIVITA treatment
- Departure

DAY TWO

- Arrival and registration
- Welcome activities
- Kids yoga & meditation
- Free time in the garden
- Educational workshop: bees and bee products
- Nutritional brunch
- APIVITA treatment
- Departure

DAY THREE

- Arrival and registration
- Welcome activities
- Eco-gym activity
- Free time in the garden
- Educational workshop: sun and fun
- Nutritional brunch
- APIVITA treatment
- Departure

