



ABOUT *KATRINA*

Holistic Aesthetician Katrina Valente has devoted her life to health, wellness and self-discovery. Having qualified in many modalities such as skincare aesthetics, aromatherapy, reflexology, Reiki, color therapy, crystal healing, NLP, hypnosis and coaching, her passion remains in anti-aging treatments, empowering clients to love the skin they are in.

She has lived in Dubai for the past 16 years. Through her innovation and dedication to anti-aging, she has been recognized as Dubai's and one of the world's top facialists.

Katrina works in a very unique way with different modalities she has learned throughout her career and brings her unique healing treatments so guests can experience not just a treatment but a whole oneness on a physical, emotional and spiritual level.

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Visiting Practitioner

Katrina Valente

Facialist and Holistic Aesthetician
Inner Peace - Outer Beauty

September 9 to 24, 2018



TREATMENTS

Eminence Organic Facial with Seaweed Collagen Mask

75 minutes/EUR 360

This facial starts with a chakra color therapy test during which four out of 14 colors are chosen based the 'choice' of your subconscious mind. This is followed by inhalation of selected organic oils which are subsequently applied on the skin, working on the emotional and the physical body. Reflexology or head massage is offered while the mask is on. Using only highest quality organic products, this facial is personalized to suit each guest's needs and achieve best results whatever their skin type.

Derma-pen Mesotherapy

75 minutes/EUR 400

Deeply rejuvenating facial using an electric pen, which allows lifting, renewing or hydrating serums to penetrate deeper layers of the skin, changing its cellular structure for weeks to come. Algae mask is used with this treatment to help the product penetrate even deeper.

Paprika Detoxifying Facial

75 minutes/EUR 360

This organic facial detoxifies the skin and oxygenates the cells through the stimulating effects of paprika. Using a super kale anti-oxidant mask, calendula hibiscus mask, anti-aging massage soufflé and regenerating serums, this is a must for all skin types. This facial stimulates collagen and elastin to hydrate, plump and firm the skin, leaving it glowing and rejuvenated.

Altearah Bio Colour Facial

75 minutes/EUR 370

New breakthrough technology, organic neuro active cosmetics, works at a deep cellular level to change the skin through emotional well-being. This simple technique combined with specific massage movements rehydrates, revitalizes and changes the cellular structure deep within. This facial takes you on an inner journey of complete rejuvenation.

Clinical Lymphatic Drainage Massage

75 minutes/EUR 310

This gentle pressure massage with specific movements drains the lymph which sits just below the surface of the skin. It eliminates the body's waste, reduces swelling, water retention and the appearance of cellulite, leaving you feel much lighter. Buy a set of three sessions and save 15 percent.

Raindrop Back & Foot Massage, Brain De-stress

75 minutes/EUR 280

A powerful, deeply relaxing treatment using nine essential oils to realign the electromagnetic field of the body. Organic oils are applied on the spine and massaged in a specific way, followed by a foot massage to enhance the effects of this healing journey. This treatment relaxes the mind, bringing it back into complete re-alignment with the body, while balancing the organs, metabolism and blood sugar levels, allowing everything to function more proficiently.

Color Therapy Massage

75 minutes/EUR 220

This treatment realigns the body's energy fields. Choosing four out of 14 colors it works on the subconscious mind. This is followed by inhalation of selected organic oils and a massage, leaving you completely relaxed and rejuvenated. This treatment is great for lifting your mood.

Shamanic Reiki Energy Healing, Access Bars

60 minutes/EUR 200

90 minutes/EUR 300

Shamanic healing is the oldest form of healing known to man. It works on a deep level to clear emotional blocks and to bring you back to yourself. It makes you aware of the possibilities that you have in life and helps you access the inner wisdom that lays dormant within the cells of your body. Color therapy is part of the treatment, while Access Bars works with the subconscious mind. There are 32 points on the head, known as the Bars, and by pressing these points very gently, we activate the release of your limitations on every level.

Reflexology

60 minutes/EUR 200

This treatment involves the application of appropriate pressure to specific points and areas on the feet which correspond to reflex points of various body organs and systems. This treatment helps to restore and maintain the body's natural equilibrium. Ideal after long periods of traveling.

