



SIX SENSES SPA

PORT GHALIB

SPA MENU

Six Senses Spa offers a layered approach that unites a pioneering spirit with treatments that go beyond ordinary. At Six Senses, you will find an intuitive mix of science and human awareness, where our high-tech and high-touch approach defines a service that is crafted around the individual.

Delivered through our locations and specialist skills, we will take you as deep as you would like to go, from core beauty that changes the way you look to specialist treatments that can change your life.



MASSAGES



SIX SENSES SIGNATURE MASSAGES

60 MINUTES/EUR 60, 90 MINUTES/EUR 80

Deep Tissue - a deep oil-based massage to ease muscle tension and reawaken your senses. Silicone cups are used to lift connective tissue and improve blood flow to stagnant skin and muscles.

Detox - a stimulating massage using firming and toning oils to reduce the appearance of cellulite, uneven skin tone and fluid retention. Silicone cups are used to drain toxins and stagnation out of the body, boosting circulation and the flow of energy.

Energizer - this reviving upper body massage relieves muscle tension.

Holistic - a soothing massage designed to evoke deep relaxation.

ORIENTAL MASSAGE

60 MINUTES/EUR 60, 90 MINUTES/EUR 80

A stress relieving treatment combining a full body massage with acupressure and stretching techniques.

SWEDISH MASSAGE

60 MINUTES/EUR 60, 90 MINUTES/EUR 80

Relieve aching muscles, stimulate circulation and eliminate toxins with this traditional full body massage.

BACK, NECK AND SHOULDER MASSAGE

30 MINUTES/EUR 30, 60 MINUTES/EUR 60

Release built-up stress and tension with this deeply relaxing massage.

FOOT ACUPRESSURE

30 MINUTES/EUR 30, 60 MINUTES/EUR 60

This deeply relaxing treatment involves the application of pressure to reflex points on the feet helping to restore the body to a healthy balance.

SCALP MASSAGE

30 MINUTES/EUR 30, 60 MINUTES/EUR 60

A gentle massage of pressure points for relieving stress and inducing relaxation.

FACIALS

CLEOPATRA'S SIGNATURE FACIAL

60 MINUTES/EUR 60, 90 MINUTES/EUR 80

Using only natural ingredients, this soothing facial includes a gentle cleansing and nourishing mask followed by a face massage with jojoba oil.

BODY TREATMENTS

EGYPTIAN BODY OIL TREATMENT

60 MINUTES/EUR 60, 90 MINUTES/EUR 80

This deeply hydrating treatment provides instant relief for dry skin and hair. It includes hair, body and face masks followed by a full body massage.

WELLNESS THERAPIES

TRADITIONAL HAMMAM

60 MINUTES/EUR 65, 90 MINUTES/EUR 80

A cleansing and refreshing treatment starting with warm herbal steam which is followed by body wash with a black soap and gentle exfoliation using the Hamman mitt, leaving the skin smooth and supple.

ADDITIONAL SERVICES

Day Pass (including access to steam and sauna), EUR 20

SPA ETIQUETTE

Spa opening hours - Daily 10:00 am to 10:00 pm

Spa reservations - For spa enquiries or reservations, please contact the spa reception directly. Advance bookings are recommended to secure your preferred treatment time.

Prior to arrival - We recommend that you leave all jewelry and valuables in your room before coming to the spa. Male guests are advised to shave two hours prior to all facial treatments to ensure that maximum results are achieved.

We recommend using the wet area facilities prior to any treatment. This will stimulate your blood and lymphatic systems and enhance the benefits of your spa treatment. There is an additional charge for the use of the wet area if a treatment has not been booked.

Arrival - Please arrive 20 minutes prior to your treatment in order to complete your health assessment form and take time to relax in the tranquil surroundings of our spa before your treatment.

Consultation - Personal consultations are offered to determine your specific needs and to allow us to design your treatment experience or a more comprehensive spa schedule.

Late arrivals - Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

Cancellations - Please allow five hours' notice on individual treatments and 24 hours' notice on spa packages; otherwise, 50 percent of the treatment price will be charged. Failure to keep your appointment will result in a 100 percent treatment charge.

During your stay - In consideration of other guests, smoking and active mobile phones are not permitted in the spa.

Six Senses Spa is a sanctuary of peace and harmony, so please be aware of the volume of your voice so as not to disturb other guests.

After your treatment - We recommend that you do not sunbathe after any massage and body treatment for at least six hours. To extend your spa experience at home, a variety of spa products are available for purchase at the Spa Gallery.

Payment - For hotel guests, all treatments can be charged to your room at an extra charge of one percent, and will appear on your account at the time of departure from the hotel. Otherwise, major credit cards or cash are accepted at the spa reception.

Children - We love children; however, we recommend that you avoid bringing children younger than 12 years old to the spa. Young guests, 12 to 18 years old, are welcome to enjoy a selection of treatments under the supervision of a guardian.



Six Senses Spa Port Ghalib at The Palace Port Ghahlib

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