



SPA MENU

MASSAGE* THERAPIES - THE HEART OF SIX SENSES

Energiser Massage* 25 mins / 50 mins | 70 € / 115 €
Focuses on releasing tension in the back, neck and shoulders. Perfect for a quick release.

Holistic Massage* 50 mins / 1 hr 20 mins | 125 € / 165 €
The essential relaxation massage*, light to medium pressure to soothe those aches away.

Oriental Massage* 50 mins / 1 hr 20 mins | 125 € / 165 €
Combines acupressure and stretching to unknot muscles, de-stress and restore energy.

Bamboo Massage* 50 mins / 1 hr 20 mins | 140 € / 185 €
Brings deep pressure relief to the back, neck, shoulders and legs. A perfect substitute for a deep tissue massage*.

Deep Tissue Massage* 50 mins / 1 hr 20 mins | 140 € / 185 €
Works deeply on the muscles in your problem areas. Perfect after a gym workout.

Hot Stone Massage* 50 mins / 1 hr 20 mins | 140 € / 185 €
The warmth of volcanic basalt works at a deeper level to release stress and allow pure relaxation during this full body and face massage*.

Indian head Massage* 25 mins / 50 mins | 70 € / 115 €
The natural face lift! Pressure points on the scalp are released to help smooth your brow, relieve eye fatigue and tension headaches.

Jet Lag Recovery 50 mins | 125 €
A complete makeover for the body and senses. Includes body massage*, foot acupressure and head massage* to reduce swelling and re-awaken the senses.

Mother To Be 50 mins / 1 hr 20 mins | 125 € / 165 €
Release those aches and pain brought by the little extra person with this specialist massage*. The perfect way to de-stress and find a deep sense of relaxation.

Thai Massage* 50 mins / 1 hr 20 mins | 135 € / 175 €
Focuses on pressure points and gentle stretching movements along the body's energy channels.

Foot Acupressure 25 mins / 50 mins | 70 € / 115 €
Reflex points on the feet are stimulated through massage* to help relieve foot ache.

BODY POLISHES & COCOONS- A SENSE OF RENEWAL

Hanakasumi 1 hr 20 mins | 165 €
Exfoliating Cherry Blossom rice powder with papaya enzymes and hydroxyl acids refines the skin. Then warm, melted shea butter with floral and oriental elements is massaged into the skin. Finally, following a de-stressing foot massage, your feet are cocooned in hot towels, re-energising your body and relaxing your mind.

Anti-Cellulite Firm 'n' Tone 50 mins | 135 €
A vigorous treatment to stimulate circulation, working the muscles and improving tone.

Cocoon Detox 1 hr 20 mins | 185 €
This comprehensive treatment has been designed to target the body's specific problem areas. Exfoliation, peel-off wrap and modelling cream are included in the Cocoon Detox.

Sugar and Salt Scrub 50 mins | 135 €
A deeply invigorating body exfoliation to leave your skin silky smooth.

FACIAL THERAPIES - NURTURING WITH SIX SENSES

Nourishing 50 mins / 1 hr 20 mins | 135 € / 175 €

Perfect for mature, dehydrated or sun-damaged skin that needs a real drink.

Purifying 50 mins / 1 hr 20 mins | 135 € / 175 €

Deep cleansing for an active, congested or oily skin type, including extractions if required (80 mn).

Soothing 50 mins / 1 hr 20 mins | 135 € / 175 €

Therapeutic essences are used to soothe sensitive or irritated skin.

Essential Facial 25 mins | 75 €

Put a zing back in your skin with this bespoke facial. The perfect weekly treat.

Tailor made facial 60 mins | 145 €

This treatment is a customized facial adapted to skins individual needs. These customized treatments are fully personalized.

Paris Roof Top Honey Facial 50 mins | 145 €

This regenerative and nourishing facial uses honey from the roof tops of the Paris Opera, graciously collected and created by the city bees from the Jardin des Tuilleries.

Anti-Ageing Facial 1 hr 20 mins | 175 €

The first intensive anti-ageing treatment adapted to the real age of skin. Combining professional effective products and exclusive hand movements for proven long lasting results.

SPA BEAUTY - A SENSE OF TOUCH

Essential manicure 20 mins | 45 €

Manicure 50 mins | 65 €

Pedicure 50 mins | 70 €

French Polish 15 mins | 25 €

Hair Removal Please contact reception for more details.

SPA JOURNEYS

Sensory journey 1 hr 20 mins | 295 €

An indulgent Six Senses signature treatment with two therapists performing a unique choreographed facial ritual and body massage*at the same time! Experience a luxurious ritual, a stress relieving scalp massage*a cleansing facial and a gentle aroma body massage*to relieve everyday stress and awaken every sense.

Rejuvenating journey 2 hrs 20 mins | 255 €

A complete spa experience including a facial prescribed by the practitioner, a hand and foot renewing ritual and a reviving full body massage*to restore vitality and balance.

Sensorial Escape 1 hr 30 mins | 280 €

Tonic exfoliation combining sugar and sea salt, with a bamboo massage. A perfect substitute for a deep tissue massage*, followed by an essential facial - the perfect weekly treat.

Massage a traditional treatment not to be mistaken with the therapy conducted by a Kinesiotherapist or Physiotherapist.*

SPA ARRIVAL

Spa services require careful preparation so in order to receive full benefit from your appointment, please arrive 15 minutes prior to your scheduled time to fill out our health questionnaire, enabling us to give you the most professional attention and ensure the treatment is according to your preferences.

CANCELLATION POLICY

Please be aware that the spa has an active 24 hour cancellation policy. Please provide 24 hours notice of cancellation of any treatments or packages reservations, otherwise the full price of the treatment will be charged to your credit card or Hotel room. In the event that you are running late we recommend that you call and inform the spa and we will make every effort to try to reschedule and to provide you with your full treatment time depending on availability. However, if the spa is busy and another guest is booked immediately after your appointment time then your time will be shortened and full payment will be required.



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