



The Little Green Book

Six Senses Spas



Dear Guest,

We know that your stay with us will be an unforgettable experience that will affect all your senses and beyond.

Part of the experience of staying at a Six Senses Resort & Spa is being in harmony with the environment and the local community. Therefore, we feel it is part of our responsibility to make an important effort to minimise our ecological footprint and to give back to the community we live in.

Consequently, Six Senses has an Environmental Conscience Officer who oversees the environmental and social responsibility efforts at all resorts. In addition, we have our own Environment and Social Responsibilities Officer here.

But no matter how much we try to reduce our consumption of water and energy, and generation of waste, we will not see a real improvement until our guests join us in our efforts.

So we invite you to take a look inside this book and find out the simple ways you can join our efforts in minimizing our ecological footprint, and to contribute to the sustainability of our local community.

Let us join together to ensure a better environment so that our children and grandchildren can grow up in a world of which we can be proud.

Thank you for your kind cooperation.

Environment & Social Responsibilities Officer

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Our Environmental & Social Sustainability Policy

Six Senses is committed to reducing the negative environmental and social impact of our operations, and is equally committed to benefiting the local community. We want future generations to be able to experience the beauty of this locale, its nature and culture.

Therefore, we shall:

- Contribute our resources, both financial and human, to help better the environment and the community in which we live.
- Strive to be in harmony with the environment and our cultural surroundings.
- Reduce our emissions of greenhouse gases through the implementation of energy efficient devices, increasing awareness among our hosts and guests on energy conservation, and by turning to renewable sources of energy.
- Reduce our consumption of fresh water through the implementation of water-saving equipment and increasing awareness rising among our hosts and guests on water conservation.
- Regard waste as an unused resource and live according to the 3 R's of reduce, reuse and recycle.
- Ensure we minimize the use of raw materials, especially paper products.
- Conserve the natural heritage and biodiversity of the ecosystems in which we live.
- To contribute to social and environmental projects on a local, national, and global level

- Ensure that our hosts receive training in environmental matters and that we generate environmental awareness in our dealings with all stakeholders.
- Continuously monitor and improve our efforts to save natural resources and minimize our negative environmental impact.
- Source our products from environmentally and socially responsible suppliers and give preference to local suppliers as well as organic and fair trade products whenever possible.
- Comply with, and wherever possible improve upon, local legislation, relevant requirements and international agreements.
- Contribute to the sustainable development of our host country.
- Ensure transparency by producing an annual sustainability report based on the Global Reporting Initiative guidelines.

Assessed and updated regularly, this Sustainability Policy is communicated to all hosts and guests, and is available to all stakeholders and other interested parties.

Green Globe 21

Green Globe is the global benchmarking, certification, and improvement system for sustainable travel and tourism. It is based on Agenda 21 and the principles of Sustainable Development endorsed by 182 Heads of State at the United Nations Rio de Janeiro Earth Summit in 1992. It provides companies and communities with a path to sustainable travel and tourism. The Green Globe program addresses the major environmental, social, and economic issues that face our planet today by focusing on the following key sustainability indicators:

- Energy efficiency, conservation, and management
- Management of freshwater resources
- Ecosystem conservation and management
- Management of social and cultural issues
- Land-use planning and management
- Air quality protection and noise control
- Waste water management
- Waste minimizations, reuse, and recycling impact areas

Six Senses is currently working towards Green Globe 21 benchmarking and certification for all its resorts to ensure the highest possible environmental and social standards.

How You Can Help Us be More Sustainable

Whilst we try to design our facilities to save energy, we need your help to further reduce water, energy, and resource consumption and thereby further reduce our negative impact on the environment.

Design for the Environment

A considerable amount of care was put into the design of this Six Senses property to reflect traditional, local style. The use of natural material, naturally ventilated areas, and shaded areas minimize the need for air-conditioning and lighting, and reduces our need for energy.

Energy Conservation

Burning fossil fuel to generate energy releases greenhouse gases which adds to the greenhouse effect and causes global warming. At Six Senses we are working on several projects to upgrade our systems to use renewable energy and to reduce our energy usage.

You can help us in our effort to save energy:

- Ask for treatment with natural ventilation to enjoy the fresh air.
- If air-conditioner/heater is used, ask for the temperature to be set as high/low as comfortably possible.
- Avoid leaving water taps running or taking long showers, especially hot-water. Heating water uses a lot of energy and thus causes a lot of pollution.

Ways to save energy:

- Use natural ventilation and avoid air-conditioning
- Shut doors and windows when using air-conditioning
- Avoid wasting water, especially hot water

Water Conservation

Water is increasingly becoming a global environmental issue - depleted aquifers and pollution are making fresh water a rare commodity. Unfortunately, the hospitality industry is a big consumer, so one of our goals at Six Senses is to reduce our consumption of fresh water.

All waste water generated is channelled to our own waste water treatment plant. The system uses communities of micro organisms which grow on surfaces known as biofilms. This natural bacteria culture breaks down the pollutants with the help of oxygen that is diffused inside the reactors. The water then passes through layers of sand and gravel - a natural filtering process which takes out the suspended particles. The treated water is then reused for watering the garden.

Laundry is one area where a lot of water and energy is used to heat water, run the machines, and dry and iron the clothes. Additionally, detergents are required. We try to minimise the energy and chemicals used through use of energy-efficient procedures and eco-friendly products.

Ways to save water:

- Close water taps when not in use
- Take shorter showers

Waste Management

Waste, garbage, trash, whatever you like to call it, is a huge source and cause of environmental degradation - either through illegally dumped litter that washes up on beaches all over the world, or that

which is legally disposed of in landfill sites, often in pristine areas, destroying them forever.

Proper waste management represents a big challenge in this region. In a place where most waste ends up in landfills, we have ensured that our waste is separated and recycled instead.

Our approach to waste management is first of all to reduce the amount of waste that we generate, then to reuse what we can and to send all recyclables for recycling.

Finally, we need to ensure that the waste that cannot be reused or recycled is safely disposed of. To be successful in our waste management, awareness among our hosts, guests, and suppliers is vital, so that together we can minimize the waste that we generate.

Hazardous waste management is a main concern and we would appreciate it if you could take your used batteries, spray cans, and electric or electronic items back to your home country where they can be safely disposed of. This is important because unfortunately, hazardous waste is often mixed with other trash and ends up being incinerated or buried while releasing very toxic chemicals into the air, soil and water.

Ways to help us dealing with waste:

- Bring with you your used batteries, electronic equipment or spray cans back home
- Use rechargeable batteries



Environmental Contributions

Six Senses Carbon Offset Programme

The earth's climate is being warmed by human activities, primarily caused by our use of fossil fuels for producing energy. Burning fossil fuel generates pollution in the form of carbon dioxide (CO_2) and other greenhouse gases. CO_2 is the main greenhouse gas present in the atmosphere which prevents the sun's radiation from going back into space. This effect, called the greenhouse effect, is what causes climate change and hence global warming, frequently described as the greatest problem facing mankind in the 21st century. Global warming is already starting to affect our lives but it will have even more devastating consequences on our planet, on humans, animals, and plants alike if we do not take action *now*.

Whilst we are working to reduce our emissions of greenhouse gases within our spas it is difficult to completely eliminate it.

Based on a partnership between Six Senses Resorts and Spas and the Converging World, the Six Senses Carbon Offset Programme is designed to offset the carbon emissions of carbon dioxide arising from Six Senses Spas' treatment.

The non-profit programme offsets carbon emissions by replacing coal fired power plants with Suzlon® wind turbines in south India. During its 20-year lifespan, one Six Senses wind turbine generates approximately 80,000 Megawatt hours of clean, renewable electricity, averting the production of 70,000 tons of CO_2 .



Funds generated from this sustainable green energy are used to implement various social and environmental projects.

Clean Up Days

Our hosts participate in regular clean up days to rid the area of rubbish. We also participate in regional and national clean up campaigns to help the environment and to promote environmental awareness outside of our spas.

Social Contributions

Care for Children Foundation

As part of our wider social responsibility programme, this Six Senses Resorts and Spas have formed an association with Care for Children.

Care for Children exists to help abandoned and orphaned children by the introduction of strategic initiatives in child care practice. The vision is to place one million children in families by 2010. Care for Children has set up an extremely successful foster care programme in China and is now, with the blessing of the Thai government, setting up a similar programme in Thailand. Six Senses is pleased to be associated with Care for Children and its founder, Mr. Robert Glover, who has received the Order of the British Empire for his contributions to society. Usually just US\$20 will lead to a child being placed with foster parents, changing their lives forever. If you would like to support Care for Children, please purchase the "stuffed animal" that is in your room.



Contact Us

For more information about our Environment and Social responsibility:
Environment & Social Responsibilities Officer
Email: