



Deep Relaxation & Healing with Khun Napath

April 1 to 30, 2019

Meet an expert in Bodywork and Thai Therapies

Khun Napath was born in the North East of Thailand and has spent the last 18 years travelling the globe providing a mix of therapeutic and relaxing massage specializing in pain relief. Khun Napath believes strongly in the holistic approach and treating each guest as an individual.

Balancing Thai Therapy

60 min VND 3400 / 90 min VND 4500 / 120 min VND 5500

This invigorating treatment combines various massage techniques to clear energy blockages and provides deep relaxation by using warm Himalayan Crystal Salt Stone to soothe away stress and tension alongside Thai massage and Tok-Sen Taping techniques. During the treatment Himalayan Tibetan Singing Bowls are also used to balance the mind and body.

Gold Leaf Uplifting Facial

75 min VND 4000

Using the anti-ageing effects of gold leaf along with stimulating and uplifting techniques to work on deeper muscle layers of the face, combined with lymphatic drainage techniques to bring out toxins and reducing fine lines.

Himalayan Crystal Salt Therapy

90 min VND 4500

A full body massage, warm Himalayan Crystal stones combine with warm volcanic stones to reduce tension, relieve pain and inflammation. Himalayan Salt has 84 minerals and nutrients that naturally occur in our bodies, providing a deep level of calm and balancing while removing blockages.

Thai Yoga Massage

60 min VND 3400 / 90 min VND 4500 / 120 min VND 5500

This treatment works on the body's energy line systems, using hands, feet and elbows to apply pressure to important points, together with gentle stretching and applied Hatha Yoga techniques to release blocked energy and free the body's healing potential, restoring balance and harmony.

Crystal Sound Vibrational Healing

60 min VND 3400 / 90 min VND 4500 / 120 min VND 5500

A deep relaxing treatment sound and vibration of crystal bowl to promote well-being of mind-body-spirit. When a bowl is played, its sound and vibrations resonate through the body to promote sense of ease.

**Prices are quoted in VND'000 and Exclude tax and service charge*

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