



## Ramadan Kareem 2019

Ramadan is the Islamic holy month of fasting, in which participating Muslims refrain from eating and drinking during daylight hours. It is the ninth month of the Islamic calendar, lasting 29 or 30 days beginning from May 5, 2019, and is intended to teach the virtues of patience, spirituality, humility and devotion to Allah. Compared to the solar calendar, the dates of Ramadan vary, advancing by about eleven days each year depending on the new moon. For Oman, and other Arabic countries, the peoples believe Ramadan to be an auspicious month for the revelations of Allah to mankind, being the month in which the first verses of the Qur'an were revealed to the Islamic prophet, Mohammad, peace be upon him. At the end of the holy month, Muslims across the world celebrate Eid al-Fitr, one of the biggest celebrations in the Islamic calendar with the spirit of giving, charity and spending time with the family at the heart of it.

### Sunset to Sunrise: Suhour and Iftar

Muslims all around the world abstain from food and drink, through fasting, from dawn to sunset. At sunset, the entire family will gather for the fast-breaking meal known as Iftar. The meal starts with the eating of three dates just as Mohammad, peace be upon him, used to do. This meal preludes the Maghrib prayer, which is the fourth of the five daily prayers, after which the main meal is served.

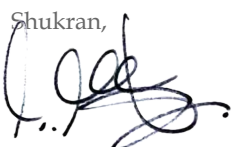
This is a time to be close with family, friends and surrounding communities, but may also occupy larger spaces at mosques or banquet halls, where a hundred or more may gather at a time to break fast together.

At sunset neighborhoods illuminate in grandeur with *fanoos* (lanterns) to celebrate the beauty of Ramadan.

### Food and Beverage Services

We seek your kind understanding for the following changes.

- Please feel free to consume food and beverages in the privacy of your villa or indoors during the fasting period, at any of the restaurants.
- You may consume alcohol in the privacy of your villa or indoors at any of the restaurants during the Ramadan period, as permitted by Oman Law.
- Sense on the Edge will remain open through the month of Ramadan.
- Mezzaria and the beach bar will be closed throughout the month of Ramadan. The Zighy Bar will open after sunset everyday until midnight, serving non alcoholic beverages given its outdoor location.
- Both Iftar and Suhour meals are available upon request through in-villa dining.

Shukran,  


Aaron McGrath  
General Manager

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