



SIX SENSES

ZIGHY BAY

SENSE ON THE EDGE The Best of Land and Sea

9 course A Crafted Adventure with Wine Pairing OMR 100

7 course Journey or Voyage with Wine Pairing OMR 85

7 course Green Expedition with Wine Pairing OMR 85

5 course Journey or Voyage with Wine Pairing OMR 70

A Crafted Adventure

OYSTER BLADE

Garlic, ginger, shimeji

CONTAIN GLUTEN | CONTAIN DAIRY | FITNESS | DETOX

IGP Attitude, Pinot Noir, France

SCALLOP

Apple, cauliflower, basil

CONTAIN DAIRY | CONTAIN NUTS | FITNESS | SLEEP | DETOX

Yalumba "The Y Serries", Viognier, Australia

QUAIL

Cauliflower, consommé, parmesan

CONTAIN DAIRY | CONTAIN GLUTEN | FITNESS | SLEEP | DETOX

Vouvray, Chenin Blanc, France

MACKEREL

Cucumber, pearl onion, dill

GLUTEN FREE | DAIRY FREE | SLEEP

Infamous Goose Wild Rock, Sauvignon Blanc, New Zealand

POUSSIN

Polenta, mushroom tapenade, onion

CONTAIN GLUTEN

Domaine Laroche Chablis, Chardonnay, France

COD

Bell pepper, saffron, orange

GLUTEN FREE | NUT FREE | CONTAIN DAIRY | SLEEP | DETOX

Cossetti Gavi di Gavi, Cortese, Italy

SHORT RIBS

Broccolini, horseradish, wasabi

CONTAIN DAIRY | SLEEP | DETOX

Norton Privada, Cabenet Sauvignon / Malbec, Argentina

VALRHONA DELICE

Pistachio & kirsch

CONTAIN DAIRY | CONTAIN GLUTEN

Quady Elysium, Black Muscat, USA

CHEESE

4 Types of cheese

GLUTEN FREE | NUT FREE | CONTAIN DAIRY | FITNESS

Cockburn's Old Tawny Port, Portugal

7 Course Journey

OYSTER BLADE

Garlic, ginger, shimeji
CONTAIN GLUTEN | CONTAIN DAIRY | FITNESS | DETOX
IGP Attitude, Pinot Noir, France

QUAIL

Cauliflower, consommé, parmesan
CONTAIN DAIRY | CONTAIN GLUTEN | FITNESS | SLEEP | DETOX
Vouvray, Chenin Blanc, France

SCALLOP

Apple, cauliflower, basil
CONTAIN DAIRY | CONTAIN NUTS | FITNESS | SLEEP | DETOX
Yalumba "The Y Serries", Viognier, Australia

POUSSIN

Polenta, mushroom tapenade, onion
CONTAIN GLUTEN | SLEEP
Domaine Laroche Chablis, Chardonnay, France

COD

Bell pepper, saffron, orange
GLUTEN FREE | NUT FREE | CONTAIN DAIRY | SLEEP | DETOX
Cossetti Gavi di Gavi, Cortese, Italy

SHORT RIBS

Broccolini, horseradish, wasabi
CONTAIN DAIRY | SLEEP | DETOX
Norton Privada, Cabenet Sauvignon / Malbec, Argentina

PASSION FRUIT

Verbena, raspberry, organic basil
CONTAIN DAIRY | CONTAIN GLUTEN | SLEEP
Araldica Palazzina, Moscato Passito, Italy

CHEESE **

4 Types of cheese
GLUTEN FREE | NUT FREE | CONTAIN DAIRY | FITNESS

** The cheese platter is available at an additional charge of 8 OMR or 12 OMR with wine pair per person.

Please do let us know if you have any special dietary requirements to facilitate your meal.
All prices are in Omani Rials and subject to 9 percent government tax and 8.4 percent service charge.

7 Course Voyage

CHUTORO

Sesame, spring onion, yuzu
SLEEP | GLUTEN | TRIM | DETOX

Whispering Angel Chateau d'Esclans, Grenache, France

MACKEREL

Cucumber, pearl onion, capsicum
GLUTEN FREE | DAIRY FREE | SLEEP | DETOX

Infamous Goose Wild Rock, Sauvignon Blanc, New Zealand

QUAIL

Cauliflower, consommé, parmesan
CONTAIN DAIRY | CONTAIN GLUTEN | FITNESS | SLEEP | DETOX
Vouvray, Chenin Blanc, France

OCTOPUS

Gnocchi, bresola, salsa verde
CONTAIN GLUTEN | FITNESS | DETOX

Yalumba "The Y Series" Chardonnay, Australia

DUCK

Beetroot, carrot, leek
CONTAIN DAIRY | FITNESS | DETOX
IGP Attitude Pinot Noir, France

LOBSTER

Fennel, brussel sprout, pineapple
CONTAIN DAIRY | DETOX | SLEEP

Domaine Laroche Chablis, Chardonnay, France

LEMONGRASS

Coconut, pandan leaf, green tea
CONTAIN DAIRY | CONTAIN GLUTEN | FITNESS | DETOX
Muscat Beaume de Venise, Muscat, France

CHEESE **

4 Types of cheese
GLUTEN FREE | NUT FREE | CONTAIN DAIRY | FITNESS

** The cheese platter is available at an additional charge of 8 OMR or 12 OMR with wine pair per person.

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5 Course Journey

PIGEON

Onion, pumpkin, fig
CONTAIN DAIRY | CONTAIN GLUTEN | FITNESS | SLEEP
Yalumba "The Y Series" Chardonnay, Australia

MACKEREL

Cucumber, pearl onion, dill
GLUTEN FREE | DAIRY FREE | SLEEP
Infamous Goose Wild Rock, Sauvignon Blanc, New Zealand

DUCK

Beetroot, carrot, leek
CONTAIN DAIRY | FITNESS | DETOX
IGP Attitude, Pinot Noir, France

SHORT RIBS

Broccolini, horseradish, wasabi
CONTAIN DAIRY | SLEEP | DETOX
Norton Privada, Cabenet Sauvignon / Malbec, Argentina

CHOCOLATE

Tonka bean, garden mint, cocoa
CONTAIN DAIRY
Quady Elysium, Black Muscat, USA

CHEESE **

4 Types of cheese
GLUTEN FREE | NUT FREE | CONTAIN DAIRY | FITNESS

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5 Course Voyage

SCALLOP

Apple, cauliflower, basil
SLEEP | FITNESS | DETOX
Vouvray, Chenin Blanc, France

OYSTER BLADE

Garlic, ginger, shimeji
CONTAIN GLUTEN | CONTAIN DAIRY
IGP Attitude, Pinot Noir, France

NAGE

Turbot, clam, prawn
SLEEP | DETOX
Domaine Laroche Chablis, Chardonnay, France

COD

Bell pepper, saffron, orange
GLUTEN FREE | NUT FREE | CONTAIN DAIRY
Cossetti Gavi di Gavi, Cortese, Italy

PASSION FRUIT

Verbena, raspberry, organic basil
CONTAIN DAIRY | CONTAIN GLUTEN | CONTAIN NUTS
Muscat Beaume de Venise, Muscat, France

CHEESE **

Four types of cheese
GLUTEN FREE | NUT FREE | CONTAIN DAIRY

** The cheese platter is available at an additional charge of 8 OMR or 12 OMR with wine pair per person.

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7 Course Green Expedition

ASPARAGUS

Egg sauce, trout roe, apple
VEGETARIAN | SUGAR FREE | CONTAIN DAIRY | DETOX
Infamous Goose Wild Rock, Sauvignon Blanc, New Zealand

VEGETABLES MEDLEY

Broccolini, cauliflower, mushroom
CONTAIN DAIRY | CONTAIN GLUTEN | FITNESS | DETOX
Whispering Angel Chateau d'Esclans, Grenache, France

CAULIFLOWER

Dates, carrot curry sauce
CONTAIN DAIRY | GLUTEN FREE | DETOX
Vouvray, Chenin Blanc, France

SAVOY CABBAGE

Shitake, parmesan, mushroom velouté
VEGETARIAN | TRIM | CONTAIN DAIRY | SLEEP | DETOX
Yalumba "The Y Serries", Viognier, Australia

GNOCCHI

Artichoke, parsley, morel
SUGAR FREE | NUT FREE | SLEEP | DETOX
Cossetti Gavi di Gavi, Cortese, Italy

LEMONGRASS

Coconut, pandan leaf, green tea
CONTAIN DAIRY | CONTAIN GLUTEN | DETOX
Muscat Beaume de Venise, Muscat, France

PASSION FRUIT

Verbena, raspberry, organic basil
CONTAIN DAIRY | CONTAIN GLUTEN | SLEEP
Araldica Palazzina, Moscato Passito, Italy