



SIX SENSES SPA
ABU DHABI AIRPORT

SPA MENU

Six Senses Spas offer a layered approach that unites a pioneering spirit with treatments that go beyond ordinary. At Six Senses, you will find an intuitive mix of science and human awareness, where our high-tech and high-touch approach defines a service that is crafted around the individual. Delivered through our locations and specialist skills, we will take you as deep as you would like to go, from core beauty that changes the way you look to specialist treatments that can change your life.



MASSAGES

Back Support, 15 minutes

Induce a deep sense of calm and release muscle tension with this relaxing back treatment.

Foot Massage, 15 minutes

Release aches and pressure in your feet with a signature treatment combining gentle manipulation with warm oil.

Hand Massage, 15 minutes

Ease away stiffness and tension with this soothing massage featuring moisturising oils.

Lom Pran Meridian Massage, 15 minutes

Reduce headaches and relax muscles by applying pressure on corresponding meridian lines with this tension-releasing massage of Thai origins.

The Hedonist, 15 minutes

Release headaches and stress, and induce relaxation with a gentle massage of pressure points.

The Realignment, 15 minutes

Improve overall wellbeing and release tension by stimulating energy meridians in the neck, shoulders, back and arms; using yoga movements and energizing massage techniques.

Warm Stone Foot Massage, 15 minutes

Enhance circulation, reduce stress levels and releases tension, using heated stones placed on specific points of your body.

FACIALS

Eye Retreat, 15 minutes

Revitalize the under-eye area with a soothing treatment combining acupuncture with lymphatic movements.

Face Radiance, 15 minutes

Help regain your glow and fight the effects of environmental stress by combining a gentle cleanse with a smooth exfoliation and hydrating toner.

Face Relief, 15 minutes

Release aching temples and facial tension with this energizing facial massage using cooling jade.

WELLNESS THERAPIES

Reiki, 15 minutes

Release tension and energy blockages with this ancient healing method promoting physical, emotional, mental and spiritual wellbeing.

BODY TREATMENTS

Cooling Legs, 15 minutes

Rejuvenate tired or swollen legs with this refreshing treatment combining a scrub and warm compresses with the application of cooling moisturizer.

