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# Experience

## Six Senses Ninh Van Bay

We're the Experience Team and we are here to create inspiring, educational and fun activities. All our experiences can be tailored to suit your individual requirements and personal preferences.

Six Senses Ninh Van Bay enjoys a private and secluded setting with a host of activities on hand to entertain all ages and satisfy the most discerning of tastes. From water sports and beach activities to hiking and discovering local culture and nature, Six Senses Ninh Van Bay has something special for everyone.

All experiences described in this booklet are fully covered with public liability insurance. We take great pride in assuring that our guests are in safe hands at all times.

All prices are in VND and include Tax and service charge.

It is always possible to add additional beverages and food to your trip and to adjust the excursions to our guests' need. If you require any further information or wish to book any of the Experiences please do not hesitate to contact your GEM or the Experience Team.

The Experience Center is located between Drinks by the Beach and the lobby. It is open from 7:00 am to 6:00 pm daily and available by phone at Ext. 640.

## *Experience Six Senses Ninh Van Bay*

### Booking

We are only able to confirm bookings between the hours of 7:00 am and 6:00 pm. If the Experience Center is closed, please contact your GEM to book one or more activities.

### Environment

Each excursion has been created with sustainability and the environment in mind. It is our aim to showcase the best that this region has to offer and the rich beauty and culture of this vibrant destination.

### Cancellation Policy

If you wish to cancel your excursion, please inform the Experience Team or your GEM at least one day before you are due to depart, otherwise the full cost of the tour will be charged to your account. For same day cancellations 50% charge will be applied.

Cancellation of any tour due to inclement weather may result in the full cost of the tour being charged, unless personal safety is considered at risk. In such cases a commensurate charge may be applied.

## *Experience Six Senses Ninh Van Bay*

# Into Culture

## **NHA TRANG CULTURAL TOUR**

During this informative trip you will visit numerous cultural attractions in Nha Trang. The Cham civilization is represented by Po Nagar Tower, a sacred Hindu site dating back to the seventh century; a stone Cathedral built during French colonial time and Long Son Pagoda, a Buddhist pagoda built in commemoration of the monks and nuns who died while fighting the Diem Government.

Afterward, immerse yourself in the busy life of a typical Vietnamese market and enjoy lunch at a local restaurant.

### **Essentials:**

Camera, hat, sunblock and Vietnamese currency

### **Duration:**

Seven hours, recommended start time is 9:30 am

### **Includes:**

Transfers, lunch, coffee, entry fees for indicated sites and tour guide

### **Price:**

One guest – VND 3,710,000

Two guests – VND 4,380,000

From three guests – VND 1,720,000 per guest.

## *Experience Six Senses Ninh Van Bay*

### **DISCOVER REAL VIETNAM**

If you are looking for something off the beaten track, then this is the right trip for you. Passing breathtaking landscapes and rice fields you will visit traditional family businesses, such as Vietnamese conical hat makers, incense stick makers and kitchens that produce rice noodles and paper. You can even try your hand at making a traditional

Vietnamese hat or a mat. In between touring, enjoy a lunch break at an authentic Vietnamese restaurant, sampling local delicacies followed by traditional iced coffee.

### **Essentials:**

Cap, camera, sunblock and Vietnamese currency

### **Duration:**

Seven hours; recommended start time is 9:30 am

### **Includes:**

Transfers, lunch, coffee, entry fees for indicated sites and tour

### **Price:**

One guest – VND 4,000,000

Two guests – VND 5,100,000

From three guests – VND 2,080,000 per guest

### **Why not...**

Ask your GEM or tour guide to teach you some basic Vietnamese?

## *Experience Six Senses Ninh Van Bay*

### **RURAL VIETNAM**

The trip starts with a short visit to a local fishing village before going to Tong Lam Pagoda famous for the 48 meters tall statue of Buddha (the highest in Vietnam).

After, going through beautiful landscape and rural villages, we will visit the impressive Zen Temple Phap Vien Thanh Son. The lunch is organized in a local restaurant in the countryside. Before heading back to the boat we will visit a 200 years old Ancient House

### **ESSENTIALS:**

Camera, Cap, sunblock, Vietnamese currency

### **DURATION:**

Seven hours; recommended starting time is 9:30 am

### **INCLUDES:**

Transfers, lunch, coffee, entry fees for indicated sites and tour guide

### **PRICE:**

One or Two guests – VND 4,640,000  
From three guests – VND 1,690,000 per guest

### **WHY NOT ...**

End the day with a nice and refreshing fruit juice at sunset at our Drinks by the Bay?

## *Experience Six Senses Ninh Van Bay*

### **BACK TO TRADITION**

Passing by the beautiful landscape and rice fields we will visit traditional family factories. Learn how conical hat and sleeping mats are made – you may even try by yourself.

We continue with the visit of the Ancient House, built 200 years ago. In between the visits take a well-deserved break and experience one of the many authentic Vietnamese Restaurants, sampling local delicacies followed by the traditional iced coffee.

### **Essentials:**

Camera, Cap, sunblock, Vietnamese currency

### **Duration:**

Seven hours; recommended starting time is 9:30 am

### **Includes:**

Transfers, lunch, coffee, entry fees for indicated sites and tour guide

### **Price:**

One or Two guests – VND 4,240,000  
From three guests – VND 1,430,000 per guest

### **Why not ...**

Organize a detoxifier treatment at our Spa where our therapist will look after you and all you have to do is relax.

## *Experience Six Senses Ninh Van Bay*

### **CAI RIVER AND MUD BATH**

Take a local boat down the Cai River, the widest and longest river in Nha Trang. As you glide along the river you'll discover local Vietnamese people in rustic fishing villages going about their daily lives. Enjoy the scenery that unfolds along the river banks with a coconut picked up fresh from a neighboring island.

Continue your journey to the hot springs and enjoy the healing benefits of the mineral-rich, warm mud.

To complete the experience, enjoy fresh seafood at a local restaurant.

### **Essentials:**

Camera, Cap, sunblock, Swimsuit, Vietnamese currency

### **Duration:**

Seven hours; recommended starting time is 9:30 am

### **Includes:**

Transfers, lunch, coffee, entry fee for indicated sites and tour guide

### **Price:**

One guest – VND 4,980,000

Two guests – VND 5,680,000

From three guests – VND 2,090,000 per guest

### **Why not ...**

End the day with a romantic dinner in our Wine Cave?

## *Experience Six Senses Ninh Van Bay*

### **MORE SHOPPING LESS CULTURE**

This trip is designed to visit the top highlights of Nha Trang and spend your free time to explore the many handicraft filled shops, whilst taking in local life.

We start visiting the Po Nagar Tower, a sacred Hindu site dating back to the 7th century. We then visit the Long Son Pagoda, founded in the late 19th century, where we will visit the huge white Buddha seated on a lotus blossom. Afterwards immerse yourself in the busy life of a typical Vietnamese market and enjoy time at leisure in the City Center.

#### **Essentials:**

Camera, cap, sunblock and Vietnamese currency

#### **Duration:**

Seven hours, recommended starting time is 9:30 am

#### **Includes:**

Boat and car transfers, lunch, coffee, entry fee for indicated sites and tour guide

#### **Price:**

One or Two guests – VND 3,280,000

From three guests – VND 1,050,000

per guest

#### **Why not ...**

Pamper yourself with a BBQ in your villa after all that shopping.

## *Experience Six Senses Ninh Van Bay*

### **NHA TRANG CULTURAL & MUD BATH (RAINY DAYS)**

Learn more about the history of the city by visiting numerous cultural attractions including Nha Trang Cathedral, Long Son Pagoda (with its white Buddha statue) and the Po Nagar Temple, an outstanding example of Cham architecture. There is always time to stop at the handicraft shops and afterward enjoy fresh seafood at one of our favorite local restaurants.

Continue your journey to the hot springs to enjoy a wallowing bath and relax in the warm mud while listening to the mesmerizing sound of the beating rain during rainy days.

Even in paradise it tends to rain from time to time, so why not make the most of it and discover Nha Trang with a bit of relaxation before heading back to the resort?

#### **Essentials:**

Camera, cap, swimsuit and Vietnamese currency, rain coat for rainy days

#### **Duration:**

Seven hours, recommended starting time is 9:30 am

#### **Includes:**

Boat and car transfers, lunch, coffee, entry fee for indicated sites and tour guide

#### **Price:**

One guest – VND 4,980,000

Two guests – VND 5,680,000

From three guests – VND 2,090,000 per guest

#### **Why not ...**

Return to your villa and order snacks with a movie from our extensive digital collection.

#### **Environment:**

You can help to minimize the impact of your tour by sharing transportation with others to reduce fuel consumption.

## Into Trekking and Adventure

### **BAI NHO HIKE AND OTHER HIKING TRAILS**

The Bai Nho hiking trail leads to the top of Heo Mountain which overlooks our bay. As you summit the hill you will reach the reservoir where you may spot the endangered Black-shanked Douc Langur (*Pygathrix nigripes*). Continuing on the trail you will reach Bai Nho, our private beach where you can enjoy snorkeling before taking a boat back to the resort.

To top off this experience we recommend enhancing it with a picnic or barbecue on the beach. Kindly let us know in advance so arrangements can be made. Please refer to the menu in The Tasty Stuff.

#### **Essentials:**

Comfortable walking shoes, hat, sunblock and a camera

#### **Duration:**

Two to three hours, with approximately 90 minutes of hiking

#### **Includes:**

Guide, return transfer by boat

#### **Price:**

One or Two guests – VND 1,710,000  
Additional guest – VND 270,000

#### **Why not ...**

Prepare ahead and book a foot acupressure treatment after the tour at Six Senses Spa to soothe your feet?

The Experience Team is proud to offer 3 hiking trails surrounding the resort. The trails have been prepared with maximum effort to reduce the impact on our surrounding. The trails are left in a natural state therefore proper equipment (walking shoes are a must) and physical fitness is advised when hiking.

## *Experience Six Senses Ninh Van Bay*

### **1. To the “Castaway” Private Beach:**

Guided hiking to Bai Nho is on request only (90 minutes hike) and with a guide.

Difficulty: Challenging

### **2. Into the forest through the river:**

This trail sets off from the yoga pavilion and head on a westerly course towards Dining by the Rocks, it takes you along streams, through lush forest and rocky ravines (30-45 minutes hike).

Difficulty: Medium

### **3. Have a look at the bay:**

The starting point is from the Jungle Gym and it ends at the yoga pavilion, the trail takes you to beautiful views of the bay, along the boulders using ropes and signs to guide you along. (30-45 minutes hike).

Difficulty: Medium

## *Experience Six Senses Ninh Van Bay*

### **KAYAK ADVENTURE**

This experience is tailored to the aqua adventurer. Take a kayak from our bay, along the breathtaking shoreline to our private beach. This scenic journey takes about 45 minutes and passes busy fishermen tending their nets.

After reaching Bai Nho beach enjoy a short rest on the shore before kayaking back to the resort.

For guests who would like to savor the sunshine, snorkel or explore the surrounding area, they can stay longer and return via boat to the resort.

### **Essentials:**

Comfortable clothing or swimsuit, cap, sunglasses and sunblock

### **Duration:**

90 minutes for kayaking guests; two to three hours for guests returning later by boat

### **Includes:**

Tour guide, drinking water

### **Price:**

Roundtrip via kayak

One guest - VND 1,290,000

Two guests - VND 1,290,000

Additional guest - VND 170,000

Kayak with boat return

One guest - VND 1,820,000

Two guests - VND 1,820,000

Additional person - VND 270,000

### **Why not ...**

Complement this experience with a private picnic on the beach?

## *Experience Six Senses Ninh Van Bay*

### **CAST AWAY PICNIC**

#### **Picnic and Hike:**

Take a stroll on one of our guided hiking trails followed by a beach picnic for two or the whole family. Enjoy snorkeling and sunbathing before returning to the resort by boat.

#### **Kayak adventure with picnic:**

This guided water adventure for two people is by kayak and back to the resort by boat.

#### **Snorkeling with picnic:**

A snorkeling trip by boat, followed by a picnic on our private beach.

#### **Picnic at Home:**

If you prefer to stay home, picnic in style on the beach front in front of your villa. The most ideal times are sunrise or sunset.

#### **Essentials:**

Comfortable clothing, swimsuit, camera, cap, sunglasses and sunblock

#### **Duration:**

Two to three hours

#### **Includes:**

Classic picnic menu with 1 fruit juice or 2 soft drinks or 2 local beers per person

#### **Price:**

Picnic and Hike or Kayaking

Two guests – VND 3,200,000

From three guests – VND 1,430,000 per guest

Snorkeling with picnic

Two guests – VND 3,220,000

From three guests – VND 1,430,000 per guest

Picnic at Home

Two guests - VND 2,000,000

#### **Why not ...**

Ease the effects of a day in the sun by treating yourself to a sunburn soother body treatment at the Six Senses Spa. The lavender-infused towels and aloe vera gel soothe the skin and stimulate new cell growth.

## *Experience Six Senses Ninh Van Bay*

### **GO FISHING WITH THE CAPTAIN**

This is a unique experience for early risers interested in heading out with a local captain. He just happens to have been fisherman and will explain the art of fishing. After watching some of the locals preparing their nets and catching fish, you can try your luck. Our chefs will happily prepare your catch to your specifications.

#### **Essentials:**

Comfortable clothes, camera, sunblock, hat

#### **Duration:**

Three hours; from 5:00 to 8:00 am

#### **Includes:**

Wooden boat and drinking water

#### **Price:**

One or two guests - VND 2,300,000

Additional guests - VND 310,000

#### **Environment:**

To preserve the fish population please observe your captain and release the juvenile fish back to the water.

#### **Why not ...**

Book a Vietnamese cooking class and learn how to make traditional sweet and sour fish soup.

## *Experience Six Senses Ninh Van Bay*

### **LOCAL FISHING**

Hook, line and catch is fun for the entire family! Cruise the scenic bay in the comfort of our pleasure craft while combing the waters for a bite. If you catch a sustainably-sized fish the chefs are happy to cook it to your specifications.

And to manage expectations and allay any fisherman's tales, the usual catch is approximately 10 to 18 ounces (300 to 500 grams). Anything over 2 pounds (one kilo) breaks records!

### **Essentials:**

Casual clothing, camera, cap and sunblock

### **Duration:**

Two hours; recommended start time is 7:00 am

### **Includes:**

Wooden boat, guide, drinking water, fishing rods and bait

### **Price:**

One or two guests - VND 1,690,000  
Additional guest - VND 260,000

### **Environment:**

To preserve the fish population, please listen to your guide and release the juvenile fish back to the sea.

## *Experience Six Senses Ninh Van Bay*

### **ISLAND HOPPING**

Travel by speedboat to three of the outlying islands dotted around Nha Trang Bay and enjoy the abundant and colorful marine life.

First visit the marine protected area with some of the best coral reefs in the region. Next head to the caves where swiftlet birds make their salanganes (bird nests). Afterward, see floating farms where fishermen raise fish, lobster and squid. Then stop at a fishing village to discover a day in the life of the local community.

Last, but not least, select to dine at a floating restaurant or at an authentic Vietnamese beach restaurant.

#### **Essentials:**

Camera, swimsuit, sunglasses and sunblock

#### **Duration:**

Four to five hours; recommended starting time is 9:30 am

#### **Includes:**

Speedboat transfers, guide, snorkeling gear, lunch and drinking water

#### **Price:**

One guest – VND 4,230,000

Two guests – VND 5,380,000

From three guests – VND 2,140,000 per guest

#### **Environment:**

Hon Mun Marine Protected Area has some of the best coral reefs in the region. Please help us to protect this fragile environment by not touching or removing any marine life, shells or coral.

#### **Why not ...**

Stop at Drinks by the Beach on your return for a coconut smoothie or mid-afternoon libation while lounging on the catamaran-styled daybeds.

## *Experience Six Senses Ninh Van Bay*

### **ROMANTIC CRUISE**

Cruise Nha Phu Bay on a traditional wooden boat with an iced bottle of sparkling wine and canapés. Toast to the sun as it slips beyond the South Vietnam Sea, setting the ideal moment to pop the question or to enjoy an intimate moment together.

Please advise us of any special request that will enhance your experience, such as your favorite wine, Champagne, surprise gifts, etc.

### **Essentials:**

Camera, sunblock and maybe a ring?

### **Duration:**

One hour; recommended starting time for sunset cruising is 4.30pm

### **Includes:**

Wooden boat, guide, canapés and a bottle of chilled sparkling wine

### **Price:**

Two guests – VND 2,860,000

From three guests – VND 1,000,000  
per guest

### **Environment:**

Keep your eyes peeled for the endangered Black-shanked Douc Langurs or a sea eagle patrolling the sky.

## *Experience Six Senses Ninh Van Bay*

### **HAVE IT YOUR WAY**

Capture the Moment. Why not capture some great memories with the help of one of our experienced hosts?

We offer the opportunity to have a semi-professional photographer capture your holiday photos while sharing valuable insights on how to perfect your pictures! The best part is that you are the director and decide on the venue, duration and theme. Our photographer will, of course, support you with creative ideas and can join you on your excursions.

You make the call if you want to have your picture edited or keep them original. You will get all your pictures in high-resolution digital format to take home.

### **Essentials:**

A smile

### **Duration:**

Three to seven hours

### **Includes:**

Photos on a DVD.

### **Price:**

Full day - VND 3,500,000

### **Environment:**

To reduce printing, we burn your photos on DVD or transfer them to your own USB memory device.

### **Why not ...**

Capture the many moments of real life in Vietnam. Any of our local life excursions provide the perfect subject for crafting memories. Speak with our Experience team about how to make a picture-perfect holiday.

## *Experience Six Senses Ninh Van Bay*

### **BOAT CHARTERS**

Select from a variety of boat trips tailored to your individual preferences and pleasure. You can choose from speedboats or local motorized wooden boats.

#### **Destinations:**

Hon Mun (Mun Island)

Nha Phu Bay Discovery

Ninh Van Fishing Village

Orchid Flower Stream

#### **Essentials:**

Comfortable clothing, cap, sunglasses and sunblock

#### **Duration:**

Flexible; minimum two hours

#### **Includes:**

Boat charter, drinking water and guide

#### **Price:**

Speed boat 2 hours:

Four guests (maximum) -

VND 3,890,000

Additional hour - VND 1,945,000

Wooden boat 2 hours:

Four guests (maximum) -

VND 1,560,000

Additional hour - VND 780,000

#### **Environment:**

We do not offer jet skis at our resort because of the excessive noise. Therefore a boat charter is the ideal way to explore outside of the resort.

#### **Why not ...**

Enjoy the privacy and control over your time and destination? Book yourself a private speedboat and car transfer on departure.

## *Experience Six Senses Ninh Van Bay*

# Activities

## INTO SPORTS

Are you finished with lounging by the pool? We offer a variety of options from tennis, volleyball, darts, badminton, football, basketball, pétanque and table tennis.

Gather a team and get your adrenaline pumping in a friendly football or volleyball match. After scoring some points, jump into the sea to cool down.

### **Fitness by The Trees**

Are you the type of person who prefers to exercise outdoor? Try out our Jungle Gym, naturally shaded and surrounded by lemongrass and kumquat.

### **Essentials:**

Comfortable clothing, cap, sunglasses and sunblock

### **Duration:**

Flexible

### **Includes:**

Rackets, balls, darts and birdies

### **Price:**

There is no charge to use these facilities daily; reservations are recommended

### **Environment:**

We have several acres of lemongrass and kumquat trees planted around the resort, in particular by the sports courts. We harvest these clippings and distill our own essential oils through an on-site alembic. The oils are then used to create soap and salt scrubs for you.

### **Why not ...**

Challenge one of our hosts or managers to a friendly competition?

## *Experience Six Senses Ninh Van Bay*

### **INTO WATERSPORTS**

To enjoy watersports activities it is essential that you can swim. In-water activities are dependent on weather, tide and sea conditions.

### **Kayak / standup paddleboard (sup)**

Explore beautiful Ninh Van Bay; the tranquil waters are the perfect environment to test your kayaking or paddling skills.

### **Essentials:**

Comfortable clothing or swimsuit and sunblock

### **Duration:**

Flexible; from 8:30 am to 4:30 pm

### **Includes:**

Kayak or stand-up paddleboard, life jacket

### **Price:**

There is no charge to use water-sports equipment

### **Environment:**

All the equipment is environmental friendly. Use them rather than a boat.

### **Why not ...**

Relax with a Body Scrub at Six Senses Spa to wash away the salt and sand?

## *Experience Six Senses Ninh Van Bay*

### **Hobie Cat**

Here, it does not even matter if you are the most experienced sailor or a total novice, fun is guaranteed. Boat capacity is limited to three adults.

### **Essentials:**

Comfortable clothing, swimsuit, cap, sunglasses and sunblock

### **Duration:**

Flexible, from 8:30 am to 4:30 pm

### **Includes:**

Life jackets, drinking water, guide

### **Price:**

One hour - VND 990,000

### **Environment:**

Driven only by the wind, explore the beautiful seascapes of Ninh Van Bay.

### **Why not ...**

Dive in the main pool when back and have a delicious ice cream at our Deli Corner.

### **Wake-board/Water-Ski/ Mono-Ski or Water-Tube**

### **Essentials:**

To ensure maximum safety of our guests these activities are offered to guests eight years of age and older.

### **Duration:**

15-minute increments,  
from 9:00 am to 4:30pm

### **Includes:**

Life jacket, guide, drinking water

### **Price:**

15 minutes - VND 1,100,000

### **Environment:**

To reduce the environmental impact to the beach and shoreline, these activities can only be experienced outside the bay.

### **Why not ...**

Balance this rush of adrenaline with a Vietnamese massage that includes fire cupping to stimulate circulation and maximize blood flow during relaxation

## *Experience Six Senses Ninh Van Bay*

### **INTO TAKING IT EASY**

If you prefer to stay in the comfort of your villa, the Experience Team offers various board games as well as playing cards.

The following board games are available upon request:

**Rummikub**

**Jenga**

**Chinese Checkers**

**Dominos**

**Chess**

**Playing Dice**

**Playing Cards**

In addition to the outdoor activities, an indoor table tennis and darts room is available.

## *Experience Six Senses Ninh Van Bay*

### Just Kids

#### **SUB CLUB**

In order to create fun-filled experiences for younger guests, the experience team is proud to present Sub Club. The club offers a vast array of fun, learning experiences, as well as an active with the Grow with Six senses .Suitable for children from 4 to 12 years old.

#### **Hours of operation:**

**Supervised from 9:00 am to 12:00 noon and 1:30 to 4:30 pm on weekdays**

Supervised from 9:00 am to 12:00 noon and 1:30 pm to 4:00 pm on weekends

#### **Why not ...**

Take advantage of our Babysitter service to spend one romantic evening together. Let your GEM or the Experience Team know one day in advance and we'll be delighted to organize it for you.

Here is a sampling of some of the activities on offer:

#### **Outdoor**

**Be a farmer\***

**Sow a seed\***

**Yoga class\***

**Fun in the sand**

**Into the Blue**

**Build your Castle**

**How to purify the water**

**Alembic**

**Chicken farm tour**

**Guide meditation**

**Movie night**

#### **Indoor**

**Make Vietnamese origami**

**Meatless Monday presentation-game**

**Learn Vietnamese**

**So you think you can dance**

**Vietnamese Art**

**Recycled Art**

**Story telling**

**Chocolate & mint pot \***

**Little Chef\***

**Little Mixologist\***