

Dear Guests,

Welcome to Six Senses Spa Samui!

We are delighted to have you at our beautiful spa with spread out individual treatment villas and salas to give you privacy. The emphasis of our spa is to offer de-stress treatments that focus on bringing out your inner beauty by pampering to your body's needs. Our therapists are fully trained to provide "high touch", not "high tech" treatments.

We work with a team of highly skilled therapists and another team of selected holistic practitioners from all over the world. We have put together a great understanding and passion for physical, emotional and spiritual health resulting in great well-being.

Fully-equipped fitness center is open for all in-house guests to use from 7:00 am to 7:00 pm. There is also a yoga pavilion, completed with mats, to utilize for private classes or your own personal practice. Surrounded by spectacular ocean views, we are confident you will leave feeling invigorated, energized, and full of vitality.

The spa is open daily from 10:00 am to 7:00 pm. Please feel free to contact us for a complimentary spa consultation to help you customize your spa journey according to your individual needs on the extension number 1301 or simply press "spa" button on your telephone display. We can help you select the most suitable treatments, which can be fine-tuned to suit your needs.

We respect guest confidentiality and privacy and trust you will enjoy your spa experience.

With warm regards,

Keerana Sripongpunkul
Wellness & Spa Director

SPA ETIQUETTE

PRIOR TO YOUR ARRIVAL

We recommend that you leave all jewelry and valuables in your villa before coming to the spa. We recommend using the sauna and steam prior to any treatment, as this will stimulate your blood and lymphatic systems and enhance the benefits of your spa treatment. Advance reservation is recommended

ARRIVAL

Please arrive at our spa 15 minutes prior to your appointment in order to complete your health assessment form and take time to relax in the tranquil surroundings of our spa before your treatment.

CONSULTATION

Personal consultations are offered to determine your specific needs and to allow us to design your treatment experience or a more comprehensive spa schedule.

LATE ARRIVAL

Out of respect of other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

CANCELLATION

Please allow five hours' notice on individual treatments and 24 hours' notice on spa packages; otherwise, 50 percent of the treatment price will be charged as cancellation fees. Failure to keep your appointment will result in a 100 percent treatment charge.

DURING YOUR TREATMENT

In consideration of other guests, smoking and active mobile phones are not permitted in the spa. Six Senses Spa is a sanctuary of peace and harmony, so please be aware of the volume of your voice so as not to disturb other guests.

AFTER YOUR TREATMENT

We recommend that you do not sunbathe after any massage or body treatment. To extend your spa experience at home, a variety of spa products are available for purchase at the Spa Gallery.



SPA MENU

Signature Therapies

Harmonic Senses Therapy
Oriental Fusion*

Page 5

90minutes/THB 4,200
90 minutes/THB 4,200

Massage Therapies

Senses of Element
Lymphatic Drainage
Foot Acupressure

Page 06

60 minutes/THB 2,900
90 minutes/THB 3,900

Ancient Thai Wisdom

Thai Boran

Page 07

60 minutes/THB 2,900
90 minutes/THB 3,900

Thai Healing Therapy

90 minutes/THB 4,200

Specialized Therapies

Zen Na Tai
3 Days Zen Na Tai
Indian Head Massage
Pregnancy

Page 08

60 minutes/THB 2,500
THB 6,500
60 minutes/THB 2,500
90 minutes/THB 3,500

Healing Energy Therapies

Harmonic Healing
Chakra Balancing Energy
Reiki
Energy Enhancing (7 Full Moon Singing Bowl)

Page 09

30 minutes/THB 1,900
30 minutes/THB 1,900
60 minutes/THB 2,500
60 minutes/THB 2,500

Hand and Foot Care

Deluxe Manicure
Deluxe Pedicure

Page 10

60minutes/THB 1,900
60minutes/THB 1,900

Junior Menu

Kids Massage
Express Manicure & Pedicure

Page 10

30 minutes/THB 1,500
60 minutes/THB 1,500

Holistic Body, Mind & Spirit

Page 11

DR. SERGE LANDRIEU M.D. PHD

Private Yoga /Pilates
Meditation
Myotherapy
Acrobatic Yoga
Realignment Package

60 minutes/THB 4,000
60 minutes/THB 2,500
60 minutes/THB 4,000
60 minutes/THB 4,000
120 minutes/THB 7,000

OMESH LANGMANN

Astrology & Palmistry

60 minutes/THB 4,000

In Villa Massages

Massage can be provided in the privacy of your villa between 10:00 am to 6:00 pm with additional charge of 25% from the menu price.

All rates are quoted in Thai Baht and are subject to ten percent service charge and seven percent applicable government tax.

We reserve the right to any change in this menu without prior notice.



SIX SENSES

SAMUI

SIGNATURE THERAPIES

Harmonic Senses Therapy

90 minutes

This is a calming and soothing therapy over the full body in order to achieve an overall sense of well-being. It is a combination of Chakra Balancing Energy and Harmonic Healing Chime techniques. This therapy will allow your energy to flow smoothly by removing old blockages and stagnant energy. The treatment is energizing, revitalizing, balancing and deeply relaxing.

Oriental Fusion

90 minutes or 120 minutes

Our Fusion Massage is the ultimate customized treatment for your body, assessing your personal energy and tension levels. The therapist uses a variety of massages to soothe, relax and rejuvenate your body. This massage is all about our specific needs, bringing your body, mind and spirit back to balance.

MASSAGE THERAPIES

Senses of Element

60/90 minutes

This is a calming and soothing massage over the full body to achieve an overall sense of well-being.

Lymphatic Drainage

60/90 minutes

Stimulate the body's lymphatic system. A fluid filled network, which circulates fats, proteins and immune cells, while it removes bacteria, viruses and cholesterol. The massage uses very light pressure and long, gentle, rhythmic strokes to increase the flow of lymph and reduce toxins in your body.

Foot Acupressure

60/90 minutes

Reflex points on the feet correspond to every organ and gland in the body. Through the feet, the autonomic nervous, lymphatic and circulation systems are stimulated to heal and balance the body. Experience true relaxation when combining with an Indian Head massage.

A recommendation for above Spa Therapies is to begin or ending with Chakra Balancing or Harmonic Healing Chime for half an hour. In this special introduction, we apply Reiki to the seven major chakras and ending with a final chakra balancing. This powerful healing treatment deals with all the internal organs on a physical and emotional level before the treatment

ANCIENT THAI WISDOM

Thai Boran (Nuad Thai)

60/90minutes

Help to relief the stress, provide deep relaxation for warmed and stretched muscles, heal energy flow with the aim to increase and focus on energy levels, provide greater flexibility, prevention of injury, relief from sore and aching muscles and joints, detoxification, and a feeling of confidence and well-being. No oils are used in Nuad Thai.

Thai Healing Therapy

90 minutes

This is a therapeutic massage that applies the intelligence of locality which has been discovered from more than 700 years ago. It is the ultimate customized treatment for your body, focusing on the problem areas such as neck, shoulder, back, and legs. This treatment requires a high level of massage technique; therefore, the therapist has to be well-trained and highly-skilled in order to release all the tension.

SPECIALISED THERAPIES

Zen Na Tai

60 minutes

An ancient therapeutic medical massage treatment working through the abdominal area the center of chi of energy flow in the body, and chest area for improving digestion and breathing qualities, including head and scalp to release cranial tension and improving concentration, this treatment stimulates the lymphatic flow, helping to detoxify the body getting rid of toxins and negativity, brings comfort and relief to the abdomen, include the deeper state of relaxation and peaceful mind. For a better result, 3 consecutive sessions are recommended

Indian Head Massage

60 minutes

Traditionally known in India as “Champissage”, this treatment combines both gentle and stimulating techniques on the upper back, shoulders, neck and scalp to improve blood flow, nourish the scalp and induce a deep sense of calm will ending with Chakra balancing energy / Sound healing from Singing bowl. It is popular to combine with Foot Acupressure therapy.

Pregnancy

90 minutes

Massage has great benefits for the pregnant woman. It can reduce peripheral swelling, help to prevent insomnia, reduce muscle cramps and back pain, and soothe the nervous system. Regular massages during pregnancy can also make the return to your optimal fitness easier. Recommend for 4-7 months pregnancy only. Ending with chakra balancing energy.

HEALING ENERGY THERAPIES

Harmonic Healing

30 minutes

During a Harmonic Healing, energy chimes are placed on or near your body and played in intuitive combinations, emitting intriguing sound pulsations. In this deep state of relaxation, you are slowing the brain waves, shifting energy blockages, balancing chakras and realigning both your physical and light bodies with the Universal Resonance.

Chakra Balancing

30 minutes

In this special introduction, we apply Reiki to the 7 major chakras individually. We also include a final balancing to all the chakras. For a better result, 3 consecutive sessions are recommended

Reiki Therapy

60 minutes

Universal Life Energy is transmitted through the hands of the practitioner to the recipient to support the body's own ability to heal itself. Allow your own energy to flow smoothly in harmony by removing old blockages and stagnant energy. It is energising, revitalising, balancing and deeply relaxing.

Energy Enhancing (7 Full Moon Singing Bowl)

60 minutes

Awaken the chakra energy with precious healing oils that activate the body's subtle energy flow. Enhanced with the restorative sound vibration from Tibetan singing bowls that resonates with the body fluid, the body's energy is cleansed and rejuvenated. This treatment helps to slow down the busy mind and able to rest the mind to a pre-meditation experience.

HAND AND FOOT CARE

Deluxe Manicure

60 minutes

Your nails will be shaped and your cuticles tidied and hydrated, followed by a massage of the hands and arms with a nourishing cream to restore natural moisture and improve the texture of your skin. Nail varnish is applied on request.

Deluxe Pedicure

60 minutes

Transform your feet with our nail and cuticle care, then relax and enjoy a foot and lower leg massage to soften and nourish your skin whilst boosting your circulation and relieving tired or swollen feet. Nail varnish is applied on request.

JUNIOR MENU

Kid Massage

30 minutes

Express Manicure & Pedicure

60 minutes

Age Limitations: Spa is a relaxing and tranquil experience. Teen services are available for ages 10-12. We also offer limited services for Kids ages 6-9, and a parent or guardian must accompany them through the duration of their service.

HOLISTIC BODY, MIND & SPIRIT

DR. SERGE LANDRIEU M.D. PHD

Serge has been practicing yoga since the age of 10. His medical background and passion for food, sports, science and health makes him very capable as a practitioner and teacher. He is fluent in French, German, English and Dutch.

Myotherapy

60 minutes

This is a unique manipulation technique to remove chronic or acute pain in muscles, joints or ligaments.

Acrobatic Yoga

60 minutes

Acrobatic Yoga is a physical practice which blends elements of yoga acrobatics performance with healing arts. Acrobatic Yoga is a form of partner yoga where two yogis work together for therapeutic release and acrobatic fun.

Realignment Package

120 minutes

We offer a one-hour private Pilates session with Serge after an assessment of your physical needs, to readjust alignment, symmetry and tone in the whole body structure. After that Dr. Serge will loosen the tensioned or painful muscles and ligaments using his technique of Myotherapy. Expect to feel changes in your body starting the day after until up to two weeks after the treatment.

OMESH LANGMANN

Omesh is our freelance Astrology & Palmistry and meditation Healer. Omesh Langmann was born in Germany in 1957. He studied theologies, philosophies in university for 5 years and later psychology.

Astrology & Palmistry

60 minutes

The birth chart is an image of the energy constellation at the moment you took your first breath as an independent, individual being. The first imprint when you entered this body as a - let's say - blank canvas. It is a picture of the basic vibration that surrounds you all your life. We look at the birth chart to see direction and destiny, your talents and difficulties, your opportunities, and any challenges in life.