



SIX SENSES SPA

ABU DHABI AIRPORT

SPA MENU

BACK MASSAGE, 15/25 MINUTES, AED 95/145, USD 26/39

Relieve neck and back aches after a long flight with this tension-releasing treatment.

THE REALIGNMENT, 15/25 MINUTES, AED 95/145, USD 26/39

This energizing massage uses stretching techniques to stimulate energy meridians in the neck, shoulders, back and arms.

HEAD MASSAGE, 15/25 MINUTES, AED 95/145, USD 26/39

Release headache and stress, and induce a deep sense of calm with a gentle massage of pressure points.

FOOT MASSAGE, 15/25 MINUTES, AED 100/150, USD 27/41

This signature treatment uses gentle manipulation to release swelling, aches and pressure in your feet.

WARM STONE FOOT MASSAGE, 15/25 MINUTES, AED 100/150, USD 27/41

Improve circulation and release tension with this calming treatment, using heated stones which are placed on the reflex areas of the body.

HAND AND ARM MASSAGE, 15/25 MINUTES, AED 100/150, USD 27/41

Ease away stiffness and tension with this soothing massage using nourishing massage oil.

JET LAG LEG, 15/25 MINUTES, AED 105/155, USD 29/42

Reduce swelling and rejuvenate tired legs with this refreshing treatment combining a scrub and cooling compressions with tension-releasing movements.

FACE RADIANCE, 15/25 MINUTES, AED 105/155, USD 29/42

A balancing treatment combining a gentle cleanse and toning with a smooth exfoliation to bring the glow back into your skin.

EYE RETREAT, 15/25 MINUTES, AED 95/145 USD 26/39

Revitalize the under-eye area with a soothing treatment combining acupuncture with lymphatic movement.

First class guests are invited to enjoy one 15-minute complimentary spa treatment. This offer is subject to availability.



SPA RESERVATIONS

Treatments can be booked on the day of travel at the spa reception.

CONSULTATION

Personal consultations are offered to determine your specific needs and to allow us to design your treatment experience.

LATE ARRIVAL

Out of respect for other guests' reservations, please be aware that we might not be able to extend your treatment time in case of late arrivals.

CHILDREN

Young guests, 12 to 15 years old, are welcome to enjoy a selection of treatments under supervision of a guardian.

DURING YOUR STAY

Six Senses Spa is a sanctuary of peace and harmony. For the comfort of all our guests, we kindly ask you to preserve tranquility by switching mobile devices to silent mode and keeping noise level to a minimum.

PAYMENT

We accept payment by credit cards or Etihad Guest Miles only.

