

# BREAKFAST

## BIRCHER MUESLI

mango, nuts, seeds, apple, coconut  
activated almond milk, honey

DF, V, SF FITNESS | DETOX

## HONEY ROASTED COCONUT GRANOLA

poached papaya, cultured coconut cream  
cashew nut milk

DF, V, SF FITNESS | SLEEP

## NATIVE SEASONAL FRUIT

mango, pineapple, lychee, banana, mangosteen  
coconut milk kefir, toasted seed crisp

GF, DF, VG, NF, SF FITNESS

## COCONUT PANCAKES

mandarin, coconut palm sugar and toasted rice  
mascarpone, honey

GF, V, NF

## BATTAMBANG RICE PORRIDGE

smoked fish, Khmer sausage, salted white radish  
preserved duck egg, pickled mustard greens

GF, DF, NF FITNESS

## ORGANIC EGG OMELETTE

hand-picked mud crab, flowering chives  
miso butter, fermented chili

GF, NF, SF FITNESS | SLEEP

## BANH CHIAO

turmeric coconut crepe, organic chicken  
green chili, cucumber, bean sprouts  
aromatic herbs, sweet vinegar

DF, V, SF FITNESS

## KIND-OF-LIKE BIBIMBAP

stir-fried free-range pork, kimchi, buckwheat  
green onions, ginger, fried organic egg

DF, NF, SF FITNESS

## NUM BAHN CHOK

Khmer noodles, Cambodian spice broth  
coconut milk, poached chicken, river prawns  
lotus, banana flower, sprouts, fresh herbs

GF, DF, NF, SF FITNESS | SLEEP

## POACHED EGGS and HOLLANDAISE

shaved leg ham, spinach, toasted sourdough muffin

NF, SF

## 5 MINUTE SOFT BOILED HENS-EGGS

thick cut rye, herb cultured butter, crispy bacon

NF, SF

## SOURDOUGH WAFFLE and POACHED EGG

hickory smoked salmon, horseradish creme, watercress

NF, SF

sides of - sliced avocado, grilled bacon, thyme roasted tomato, king brown mushrooms, smoked salmon  
fermented pickles - kimchi, red cabbage kraut, ginger fennel kraut, pickled mustard greens, cucumber pickles

# DRINKS

## JUICE

VITAMIN SEA  
orange, carrot, grapefruit  
lemon, mint

EARLY RISER  
beetroot, apple, carrot  
pomegranate, ginger, lime

KRABEY SUNRISE  
pineapple, passionfruit, orange  
apple, lemon, lime

EMERALD AURA  
kiwi, apple, spinach, mint  
cucumber, kale, ginger

VITALITY BOOST  
carrot, turmeric, apple  
orange, lemon

## SMOOTHIES

MANGO LASSI  
mango, pineapple, coconut water  
banana, chia

GREEN  
kale, pineapple, spinach, avocado  
orange juice, apple, cucumber

## VITTORIA COFFEE

COLD BREW

FRENCH PRESS

ESPRESSO

MACCHIATO

AMERICANO

PICCOLO LATTE

LATTE

CAPPUCCINO

## HOUSE MADE MILKS

cashew milk

almond milk

macadamia milk

rice milk

pumpkin seed chai

## LOOSE LEAF TEA by T.E

LONG JING  
pure green tea  
DETOX

SPA IN A CUP  
lemongrass, Japanese peppermint  
mulberry green tea  
DETOX, SLEEP

TROPICAL WONDERLAND  
butterfly pea, coconut, pandan  
bael fruit, purple rice, stevia  
DETOX

MIDSUMMER DREAM  
french rose, hibiscus, stevia  
mulberry green tea  
DETOX

SILENT LULLABY  
chamomile, chrysanthemums, ginger  
licorice, organic marigold  
DETOX, SLEEP

KISS FROM A ROSE  
French rose, peppermint,  
organic Assam black tea  
DETOX

MIDNIGHT EARL GREY  
lavender, peppermint, turmeric  
organic Assam black tea  
DETOX

## bread

STONE GROUND WHOLE-WHEAT SOURDOUGH <i>spent crisps, cultured butter</i> V   NF   SF	3
ROSEMARY FOCACCIA <i>Kampot salt flakes, extra virgin olive oil</i> V   NF   SF	3

## starters

KHMER SPICED CHICKEN WINGS <i>scallop, ginger, caramelized pineapple</i> GF   DF   NF	13
SASHIMI OF COBIA <i>fresh coconut cream, green chili, pomelo, sweet basil, lime leaf</i> GF   DF   NF	16 fitness   detox
LIGHTLY CURED ATLANTIC SALMON <i>ginger, orange, hot mint, iceberg, crispy fish, xo sauce</i> GF   DF   NF	14 fitness
RAW VEGETABLE MAKI ROLL <i>cucumber, daikon, avocado, green mango, enoki mushroom, tamarind and lemongrass</i> GF   DF   V   NF	12 fitness   detox   sleep

## salads

MIANG OF MUD CRAB <i>prawn, pomelo, coriander, peanuts, lime leaf, red chili Koh Kong</i> GF   DF	15 detox   sleep
COCONUT POACHED FREE-RANGE CHICKEN <i>banana blossom, smoked fish, cucumber, salmon roe</i> GF   DF   NF   SF	16 fitness   sleep
GREEN BOWL <i>broccolini, avocado, shiitake, sprouted lentils, quinoa, cabbage-ginger kraut, cashew dressing</i> GF   DF   VG   SF	14 fitness   detox   sleep
POKE BOWL OF MARINATED SALMON <i>kim chi, Koshihikari rice, radish, avocado, cucumber, furikake, edamame, red perilla</i> GF   DF   NF	17 fitness   detox

## sandwiches

NUM PANG PATE <i>red roasted pork, chicken liver parfait, crisp pork ears, chili sambal, pickled vegetables</i> NF	15
POACHED RIVER PRAWNS <i>tartare sauce, watercress and iceberg, avocado, white loaf, house made crisps</i> NF   SF	13
CHICKEN KATSU SANDO <i>fried organic chicken, shaved cabbage and apple slaw, lemon mayonnaise</i> DF   NF   SF	16
GRASS-FED BEEF and BACON BURGER <i>gruyere, pickle, toasted brioche, hand cut chips, aioli</i> NF	17
BATTERED LOCAL SNAPPER BURGER <i>fennel, cabbage and flowering chives, baby cos, caper mayonnaise</i> NF	17

## *pasta and noodles*

<b>WHOLE-EGG SPAGHETTI</b> <i>blue swimmer crab, garlic, chili, tomato, basil</i> NF   SF	17 sleep
<b>ROAST DUCK and EGG NOODLES</b> <i>ginger and spring onion, salted duck yolk, spiced broth</i> DF   NF   SF	20 fitness
<b>SAMLOR KHMER</b> <i>hand-made rice noodles, Takeo lobster, water lily, banana blossom, fresh herbs</i> GF   DF   NF	16 sleep

## *main plates*

<b>SEARED SEA BASS</b> <i>Cambodian style kuri sauce, coconut sambal, fried curry leaves, steamed Battambang rice</i> GF   DF   NF   SF	24 fitness   detox
<b>GRILLED WHOLE SQUID</b> <i>pork and scallop relish, green onions, fermented green chili</i> GF   DF   NF   SF	23 fitness
<b>PAN FRIED CORAL GROUPE</b> <i>broccoli garlic puree, river prawns, flowering chives, coriander oil</i> GF   NF   VG	27 fitness
<b>FISH and CHIPS</b> <i>lightly battered red snapper, triple cooked hand-cut chips, tartare sauce, seaweed salt, lemon</i> DF   NF   SF	21

## *sides*

<b>MARINATED CUCUMBER SALAD</b> <i>sesame dressing, sunflower and pumpkin seeds, nori</i> GF   DF   VG   NF   SF	7 fitness   detox   sleep
<b>BRAISED LONG BEANS</b> <i>morning glory, broccolini, green tomato, miso, ginger</i> GF   DF   VG   NF   SF	8 fitness   detox   sleep
<b>FRIED BATTAMBANG RICE</b> <i>fried organic chicken, egg white, toasted sesame, crispy garlic</i> DF   NF   SF	8
<b>TRIPLE COOKED HAND-CUT CHIPS</b> <i>spiced salt, aioli</i> DF   SF	6
<b>GREEN LEAVES, SOFT HERBS</b> <i>shaved fennel, radish, apple cider vinaigrette</i> GF   DF   VG   NF   SF	6 fitness   detox



## bread

STONE GROUND WHOLE-WHEAT SOURDOUGH <i>spent crisps, cultured butter</i> V   NF   SF	3
ROSEMARY FOCACCIA <i>Kampot salt flakes, extra virgin olive oil</i> V   NF   SF	3
PECORINO GRISSINI <i>san Daniele prosciutto, bottarga, watercress</i> NF   SF	7

## starters

PRESSED FREE-RANGE CHICKEN TERRINE <i>oyster cream, compressed cucumber, pink pepper</i> GF   NF	16	fitness
SASHIMI OF COBIA <i>fresh coconut cream, green chili, pomelo, sweet basil, lime leaf</i> GF   DF   NF	16	fitness   detox
LIGHTLY CURED PINK SNAPPER <i>ginger, green mango, peanuts, smoked fish floss, crispy garlic</i> GF   DF   SF	14	fitness   detox
SLIPPER LOBSTER AMOK <i>Khmer spices, noni leaf, young coconut, Battambang rice</i> GF   DF   NF   SF	15	sleep
MIANG OF MUD CRAB <i>prawn, pomelo, coriander, peanuts, lime leaf, red chili Koh Kong</i> GF   DF	15	detox   sleep
CHILLED SPICED GREEN TOMATO SOUP <i>hand picked mud crab, cultured cream, cucumber, apple</i> GF   NF	16	sleep
POACHED ARROW HEAD SQUID, FRIED TENTACLES <i>ink romesco, green chilli, aioli, lime</i> GF   DF   SF	16	

## pasta and noodles

WHOLE-EGG SPAGHETTI <i>blue swimmer crab, garlic, chili, tomato, basil</i> NF   SF	17	sleep
HAND-ROLLED SQUID INK CAVATELLI <i>calamari, mud crab, mustard greens, chili, crispy garlic</i> DF   NF   SF	18	
ROAST DUCK and EGG NOODLES <i>ginger and spring onion, salted duck yolk, spiced broth</i> DF   NF	20	fitness
SAMLOR KHMER <i>hand-made rice noodles, Takeo lobster, water lily, banana blossom, fresh herbs</i> GF   DF   NF   SF	16	sleep



## grill

GRASS-FED CAPE GRIM SCOTCH FILLET <i>horseradish cream, herb pistou, lemon</i> GF   NF   SF	38 fitness
GRILLED WHOLE LOCAL SQUID <i>pork and scallop relish, green onions, fermented green chili</i> GF   DF   NF	23 fitness
BARBECUED YOUNG CHICKEN <i>peanut satay, cabbage and cucumber pickles, chili sambal, rolled flat breads</i> GF   DF	24 fitness
SPLIT KING RIVER PRAWNS <i>turmeric and kombu butter, red long pepper</i> GF   NF   SF	33 detox   sleep

## main plates

STIR-FRIED KAMPOT MUD CRAB <i>turmeric, chili, garlic, green Kampot pepper, basil, flowering chives</i> DF   NF	35 fitness
PEA EGGPLANT and COCONUT GREEN CURRY <i>snake bean, bamboo, coconut heart, bean curd, green peppercorns, sweet basil</i> GF   DF   VG   NF   SF	20 detox   sleep
BRAISED CAPE GRIM BEEF CHEEK <i>Minang-style rendang, gingered pumpkin, cucumber salad, coriander chutney</i> GF	26 fitness
GRILLED BARRACUDA IN BANANA LEAF <i>Khmer spices, coconut, tamarind, pineapple, lime leaf</i> GF   DF   NF	25 fitness   sleep
PAN FRIED CORAL GROUPEL <i>broccoli garlic puree, river prawns, flowering chives, coriander oil</i> GF   NF   SF	27 fitness

## sides

MARINATED CUCUMBER SALAD <i>sesame dressing, sunflower and pumpkin seeds, nori</i> GF   DF   VG   NF   SF	7 fitness   detox   sleep
BRAISED LONG BEANS <i>morning glory, broccolini, green tomato, miso, ginger</i> GF   DF   VG   NF   SF	8 fitness   detox   sleep
FRIED BATTAMBANG RICE <i>fried organic chicken, egg white, toasted sesame, crispy garlic</i> GF   DF   NF   SF	8
TRIPLE COOKED HAND-CUT CHIPS <i>spiced salt, aioli</i> DF   DF   NF	6
GREEN LEAVES, SOFT HERBS <i>shaved fennel, radish, apple cider vinaigrette</i> GF   DF   VG   NF   SF	6 fitness   detox