



SIX SENSES

ZIGHY BAY

SENSE ON THE EDGE The Best of Land and Sea

9 course Chef's Sensations OMR 80 with Wine Pairing OMR 100

7 course 7-Tastes OMR 65 with Wine Pairing OMR 85

5 course Pure Strain OMR 50 with Wine Pairing OMR 70

7 course From the Roots OMR 65 with Wine Pairing OMR 85

Chef's Sensations

SMOKED MACKEREL

Smoked onion, pomegranate reduction, parmesan
GF | SLEEP
Yalumba 'The Y Series' Viognier, Eden Valley, Australia

SCAMPI AND SCALLOP

Mango, rhubarb, ajoblanco
DF | CN
Massaya Classic White, Bekaa Valley, Lebanon

BBQ LEEK

Romesco, parmesan crisp, garlic powder, black olive powder, celery
DF | GF | FITNESS | SLEEP | DETOX
Boschendal Chenin Blanc, Stellenbosch, South Africa

GARDEN SPINACH

Texturized onion, duck liver, garlic
DF | SF | FIT
Oyster Bay Pinot Noir, Marlborough, New Zealand

RED MULLET

Pimenton de la vera scrambled eggs, chives, panko crunch
DF | SLEEP
Bonterra Sauvignon Blanc, California, USA

SHORT RIBS

Smoked potato cream, celeriac
GF | SLEEP | 100%
Fusion Alta Malbec, Mendoza, Argentina

YOGHURT

Coconut bonbon
V | SLEEP | DETOX
Dr Loosen Reisling, Mosel, Germany

SOLID GIN & TONIC

Lemon sorbet, juniper syrup, confit orange zest
GF | DF | DETOX
Cointreau, Saint-Barthélemy d'Anjou, France

MANGO PASSION

Coconut jaconde, vanilla sablé, coconut sorbet
V | FITNESS | DETOX
AraldicaPalazina, Moscato Passito, Piedmont, Italy

DF = dairy-free | GF = gluten-free | SF = sugar-free
V = vegetarian | VG = vegan | CN = contains nuts

7 Tastes

ASPARAGUS

Vizcaina, asparagus cream, quail egg
DF | GF | DETOX

Boschendal Chenin Blanc, Stellenbosch, South Africa

VENISON TARTARE

Apple, horseradish, egg
DF | FITNESS | SLEEP

Ksara Reseve Du Couvent, Bekaa Valley, Lebanon

GARDEN SPINACH

Texturized onion, duck liver, garlic
DF | SF | FIT

Oyster Bay Pinot Noir, Marlborough, New Zealand

COD

Miso marinated, granola crunch, orange
DF | SLEEP

Bonterra Sauvignon Blanc, California, USA

PIGEON

Dates cream, passion gel, onion gel, burnt onion
GF | SLEEP

Oyster Bay Merlot, Hawkes Bay, New Zealand

SHORT RIBS

Smoked potato cream, celeriac
GF | SLEEP | 100%

Fusion Alta Malbec, Mendoza, Argentina

SOLID GIN & TONIC

Lemon sorbet, juniper syrup, confit orange zest
GF | DF | DETOX

Cointreau, Saint-Barthélemy d'Anjou, France

CHEESE **

4 Types of cheese
FITNESS

Cockburn's LBV Port, Douro Valley, Portugal

** The cheese platter is available at an additional charge of 8 OMR or 12 OMR with wine pair per person.

DF = dairy-free | GF = gluten-free | SF = sugar-free
V = vegetarian | VG = vegan | CN = contains nuts

Please do let us know if you have any special dietary requirements to facilitate your meal.
All prices are in Omani Rials and subject to 9 percent government tax and 8.4 percent service charge.

Pure Strain

CELERIAC

Textures, broccolini, kale
GF | FITNESS | DETOX

Massaya Classic White, Bekaa Valley, Lebanon

SMOKED MACKEREL

Smoked onion, pomegranate reduction, parmesan
GF | SLEEP

Yalumba 'the Y Series' Viognier Eden Valley, Australia

SPANISH CARABINERO

Nantua sauce, potato
GF | DETOX

Bonterra Chardonnay, California, USA

PIGEON

Dates cream, passion gel, onion gel, burnt onion
GF | SLEEP

Oyster Bay Merlot, Hawkes Bay, New Zealand

PEANUT DELICE

Salted caramel, Caramelia Varlhona
CN | SLEEP

Quady Elysium Black Muscat, California, USA

CHEESE **

4 Types of cheese
FITNESS

Cockburn's LBV Port, Douro Valley, Portugal

** The cheese platter is available at an additional charge of 8 OMR or 12 OMR with wine pair per person.

DF = dairy-free | GF = gluten-free | SF = sugar-free
V = vegetarian | VG = vegan | CN = contains nuts

Please do let us know if you have any special dietary requirements to facilitate your meal.
All prices are in Omani Rials and subject to 9 percent government tax and 8.4 percent service charge.

From The Roots

ASPARAGUS

Vizcaina, asparagus cream, quail egg
DF | GF | DETOX

Boschendal Chenin Blanc, Stellenbosch, South Africa

TOMATO

Gazpacho, pipirrana
CN | GF | DETOX

WeingutLaurenz V. Singing Gruner Veltliner, Kremstal, Austria

CELERIAC

Textures, broccolini, kale
GF | FITNESS | DETOX

Massaya Classic White, Bekaa Valley, Lebanon

POLENTA

Mushrooms, mascarpone
GF | FITNESS |

Bonterra Chardonnay, California, USA

FIGS

Garden Spinach, texturized onion
DF | GF | DETOX

Oyster Bay Pinot Noir, Marlborough, New Zealand

MUSHROOM RAVIOLI

Boletus royale sauce, hazelnut praline
DF | SLEEP

Yalumba 'The Y Series' Viognier, Eden Valley, Australia

SALT COATED BANANA

Pineapple sorbet, crumble, braised figs
DF | DETOX

AraldicaPalazina, Moscato Passito, Piedmont, Italy

CHEESE **

4 Types of cheese
FITNESS

Cockburn's LBV Port, Douro Valley, Portugal

** The cheese platter is available at an additional charge of 8 OMR or 12 OMR with wine pair per person.

DF = dairy-free | GF = gluten-free | SF = sugar-free
V = vegetarian | VG = vegan | CN = contains nuts

Please do let us know if you have any special dietary requirements to facilitate your meal.
All prices are in Omani Rials and subject to 9 percent government tax and 8.4 percent service charge.